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Barron, Michta Win Senior Titles; Sorensen, Moscoso Rule Juniors At National USATF Meet

Eugene, Oregon, June 25-26—Trevor Barron, still only 18, qualified for the World Championships at 20 Km as he won the U.S. Championships. Trevor finished in 1:23:25.10, 26 seconds ahead of an outstanding performance by defending champion John Nunn, who walked his fastest since 2004, when his 1:22:31 put him on the Olympic team along with Tim Seaman and Kevin Eastler. Barron moves ahead of Curt Clausen for fifth place on the U.S. All-Time list behind Tim Lewis, Seaman, Eastler, and Nunn

Trevor improved on his personal best, a 1:23:48 walked in Italy last fall. Patrick Stroupe also had a personal best of 1:26:29.44 as he finished third. On the way to his win, Barron set American junior records of 21:05 at 5 Km, 41:35 at 10 Km, and 1:02:26 at 15 Km. as well as 20 Km. Barron will be the youngest member of hte U.S. Track team. Nunn was also under the "B" standard for the World Championships, but only one "B" can go. The A standard is 1:22:30, and if either he or Trevor had walked that, they could both go.

The case is similar for the women, where Maria Michta defended her title with a 1:34:51.47, a big improvement on her personal best of 1:36:31, but short of the A qualifying standard of 1:33:30. Teresa Vaill, still going strong at 48 was well under the B standard (1:38:00) with her 1:35:35.92. Lauren Forgues in third also had a big personal record at 1:37:40.86, more than a 3-minute improvement. All three, as well as Barron and Nunn, now have the B standard for the 2012 Olympics. Now they have a year to shoot for the A.

With Barron not competing, 17-year-old Tyler Sorensen had no competition as he won the Junior 10,000 in a quick 42:44.03. But Michael Nemeth was, nonetheless, impressive in second as he made another huge improvement on his personal best with a 45:56.71, After a 49:10 at the Penn Relays in April, he improved to 47:16 at the National 10 in early June, and now this. In the process, he beat Matt Forgues and Joshua Haertel, who had finished third and fourth behind Barron and Sorensen last year.

The Junior women's 10 went to Florida's Maite Moscoso in 53:10.79. Defending champion, Nicolette Sorensen, Tyler's sister, still only 15, improved on her winning time of last year by more than 3 minutes, but was relegated to third this year by Erika Shaver. Shaver led the race going into the final lap, but couldn't hold off the strong finish of Moscoso.

After the race Barron said: "I'm just happy to be here. I enjoyed the competition I enjoyed my friends. That's really more important for me than having the national championship. For me, I really enjoy meeting other people, meeting friends from around the world. What's a medal going to mean." And Maria Michta weighed in: "It's huge. I wanted to go to Korea so bad. I made a youth team, a junior championship team. It's my first senior championship team. (The London Olympics) is what I'm training fore every day and that's what it's all about." And Tyler Sorensen: "I am very pleased to get the meet record here. I got a 10 second PR so I'm thrilled for that. I didn't go all out. I just tried to have a great race. I'm shooting to beat Trevor Barron's time." Finally, Maite Moscoso noted: "I was not expecting to

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walk that fast. I was just trying to do what I could do. After eight laps, I felt like I could start speeding it up. On the last lap, I saw Erika slow down and I knew that was my chance."

The results:

Women's 20 Km: 1.Maria Michta, Walk USA 1:34:51.47 2. Teresa Vaill, un. 1:35:35.92 3. Lauren Forgues, un. 1:37:40.86 4. Miranda Melville, un. 1:38:01.00 5. Katie Burnett, Champions International 1:41:10.49 6. Erin Taylor, Shore AC 1:41:57.17 7. Susan Randall, World Class RW 1:43:24.33 8. Chelsea Conway, un. 1:56:59.22 9. Nicole Donk, Embry Riddle Aeronautical U. 2:07:01.25 DQ—Maite Moscoso, Florida AC; Kelly Clark, Southern Oregon State College; and Erin Gray, Bowerman AC. DNF—Solomiya Login, Southeastern PA AC

Men's 20 Km: 1. Trevor Barron, NYAC 1:23:25.10 2. John Nunn, U.S. Army 1:23:51.73 3. Patrick Stroupe, un. 1:26:29.44 4. Tim Seaman, NYAC 1;31:28.32 5. Michael Tarantino, un. 1:33:37.22 6. Michael Mannozzi, Miami Valley TC 1:34:40.77 7. Richard Luettchau, Shore AC 1:35:03.72 8. Jared Swehosky, un. 1:37:04.02 8. Kris Shear, Cornerstone U. 1:36:48.36 10. Dave Talcott, Shore AC1:39:38.31 DQ—Chris Tegtmeier, Team Nebraska Brooks and Joshua Wiseman, Cedarville U. DNF—Dan Serianni, World Class RW

Junior Men's 10,000 M: 1.Tyler Sorensen, un. 42:44.03 . Michael Nemeth, Wings of Moon 45:56.71 3. Matthew Forgues, un. 46:56.56 4. Joshua Haertel, un. 47:28.28 5. Alejandro Chavez, South Texas Walking Club 47:33.16 6. Jonathan Hallman, un. 50:17.46 7. Nathaniel Roberts, Bowerman AC 51:42.68

Junior Women's 10,000 M: 1. Maite Moscoso, Central Florida Gliders 53:11.79 2. Erika Shaver, un.53:20.06 3. Nicolette Sorensen, Diablo Valley T&F 53:34.08 4. Abby Dunn, Maine RW 55:00.48 45. Molly Josephs, Walk USA 55:44.37 6. Courtney Williams, Maine RW 29:52 7. Patsy Hurley, Equalizers TC 57:30.12 8. Katie Michta, Walk USA 57:55.50 9

10 Km Titles To Luettchau and Vaill

Albany, N.Y., June 4-Richard Luettchau won his first National racewalking title and 48-year-old Teresa Vaill her 40th national in 10 Km races held here. With men and women walking together, Luettchau broke away from a pack of five at about 5 Km with only Mike Mannozzi staying close. Kris Shear and Teresa Vaill worked together and moved clear of the rest of the field. Luettchau was able to shake Manozzi eventually and went on to win in 45:04 with Mike finishing in 45:58. Shear was third in the men's race, finishing in 46:40, 15 seconds ahead of Vaill who was a very easy winner among the women.

Michael Nemeth, just 18 years old, showed great promise to take fourth in the men's race in 47:16. This was nearly 2 minutes faster than he had walked at the Penn Relays 5 weeks earlier (He showed this was no fluke with his performance in the Jr. Nationals 3 weeks later.) Dave Talcott, going strong and improving at 51 was fifth in 48:44, better than a minute ahead of wife Erin, who captured second in the women's race, slipping under 50 minutes. The walkers were aided by cool, windless weather with the temperature in the low 50s. The team title went to Shore AC over Pegasus

Women: 1. Teresa Vaill (48), un. 46:55 2. Erin Taylor-Talcott, Shore AC 49:49 3. Chelsea

Conway, un., N.Y. 55:48 4. Rachel Phillips, un. N.Y. 57:07 5. Molly Josephs (17), Walk USA 6.Lisa Marie-Vellucci, un. N.Y. 58:25 7. Debbie Topham (58), Peagsus AC 61:34 8. Silvia Panseni, Italy 64:21 9. Panseluta Geer (64), Shore AC 65:53 10. Yvionne Grudzina-Glaser (56), un. N.Y. 65:53 (1 DNF, 2 DQ)

Men: 1. Richard Luettchau, Shore AC 2. Mike Mannozzi, Miami Valley TC 45:58 3. Kris Shear, un., Mich. 46:40 4. Michael Nemeth (18), Wings of Moon 47:16 5. Dave Talcott (51) Shore AC 48:44 6. John Soucheck (45), Shore AC 52:28 7. Dan O'Brien (46), Pegasus AC 52:45 8. Cris Schmid (64), World Class RW 52;49 9. Omar Nash, Miami Valley TC 54:37 10. William Vayo (46)un., N.Y. 55:04 11. Robert Keating (64), New England Walkers 55:48 12. Leon Jasionowski (66), Pegasus 56:56 13. Bill Reed (58), Pegasus 57:28 14. Bruce Logan (46), Park RW 61:31 15. Bill Harriman (64), Mass. 64:54 16. Marcus Kantz (65), Shore AC 65:10

Canadians Sweep NAIA Races

Marion, Indiana, May 27-The University of British Columbia, scored wins in both the men's and women's 5000 meter racewalk events at the NAIA collegiate championshps held at Indiana Wesleyan University. And both established new meet records. In the women's race, senior Nicola Evangelista took nearly 2 minutes off the old record with a sparkling 23:18.91. She was breaking her own record of 25:11.56, set last year. Junior Evan Dunfee had a tougher record to beat, Al Heppner's 20:07.38 when walking for U.W.-Parkside way back in 1997. Dunfee was equal to the task, as he won in 20:02.25.

Dunfee, DQ'd in 2010 when his teammate Inaki Gomez won in 20:30.35 led from start to finish. His only challenger early was Cedarvilles' Josh Wiseman who only received a DQ for his early efforts. Concordia's Chris Tegtmeier, coming back from two injury-plagued seasons, walked a personal best, but was still 40 seconds back at the finish, but way ahead of third-place finisher, Kris Shear, from Cornerstone.

Evangelistta also led from gun to tape, but had a more serious challenger from Lindenwood junior Jessica Ching who stayed close until Nicola unleashed a finishing sprint over the final 400 meters to win by 15 seconds. William Penn's Katie Burnett was also way under the old record as she finished in 23:51.83. The results:

Men: 1. Evan Dunfee, British Columbia U. 20:02.25 2. Chris Tegtemier, Concordia 20:42.02 3. Kris Shear, Cornerstone 22:05.66 4, Matthew Forgues, Ashford 22:20.59 5. Rocardo Vergara, Lindsey Wilson 22:39.91 6. Jacob Gunderkline, Goshen 23:19.37 7. Roberto Vergara, Lindsey Wilson 23:31.08 8. Kyle Hively, Rio Grande 23:235.08 9. Joel Pfahler, Cedarville 23:50.29 10. Cody Risch, Cornerstone 24:29.98 11. Brian Stine, Ave Maria 24:36.81 DQ—Paul Ikeda, Centerville; Alexander Jakobsen, Ashford;; Josh Wiseman, Cedarville; and David Horst, Goshen, all for bent knee.

Women: 1.Nicola Evangelisgta, British Columbia 23:18.91 2. Jessica Ching, Lindenwood 23:33.34 3. Katie Burnett, William Penn 23:51.83 4. Kelly Clark, Southern Oregon 25:20.39 5. Nicole Bonk, Embry-Riddle 25:52.63 6. Chelsea Conway, Lindsey Wilson 26:30.80 7. Erin Helmuth, Goshen 26:4605 8. Megan Furnish, Lindsey Wilson 26:55.28 9. Monica Lawence, Cornerstone 27:30.06 11. Mercedes Mancha, St. Xavier 28:35.79 DNF—Janelle Brown, Cornerstone

IAAF Challenge Series Moves TO Dublin

Dublin, Ireland, June 26—China's Zhen Wang and Hong Liu won men's and women's 20 Km races and Anti Kempas of Finland prevailed at 50 Km in IAAF Challenge races here. Wang is on a roll. After winning last year's Challenge final at 10 Km in a

blistering 37:44, while stilla junior, he now has three Challenge wins at 20 Km in 2011. Following up on his 1:18:36 win at the Lugano Challenge race in March and 1:18:30 win at Taiceng in April, the year's two fastest times, he had an easy win in 1:19:46 today. Biding his time through most of the race, Wang exploded over the final 3 Km to win by 37 seconds over Tunisia's Hassanine Sbei. Italy's Giorgio Rubino was another 21 seconds back in third.

Hong Liu also repeated Challenge wins at Lugano and Taiceng. Today, she was completely on her own as she eased through a 1:29:44 effort, more than 2 minutes ahead of Ireland's Olive Loughnane, who had beaten her for the silver medal at the 2009 World Championships. Loughnane, however, was optimistic after her second place finish: "I'm feeling full of confidence, and I plan to go close to what I did at the last World Championships—or very close", she said.

Both Wang Liu are coached by Italy's Sandro Damilano, as is Giorgio Rubino, third in the men's race.. Since coaching his brother Maurizio to Olympic gold in 1980, Damilano has coached athletes to 44 medals at major championships.

It was also a good day for Guatemala, as Erick Barondo, just a month past he 20th birthday was fourth in the men's race at 1:20:58 and 19-year-old Jamy Franco finished third in the women's race at 1:32:48. Both took nearly four minutes off their personal bests.

In the 50, Australia's Jared Tallent, double Olympic medalist three years ago, set off on his own and built a lead of more than 1 kilometer, although only at about a 3:50 pace, compared to his personal best of 3:38:56. However, he was felled by stomach cramps and was out of the race at 25 Km.

The race was then taken over by Italy's Diego Cafanga who seemed on his way to a win in around 4 hours. Then, at 46 km, he ran out of energy, his knees went out and the judges disqualified him, leaving the 30-year-old Kempas, who was 11th in the 2007 World Championships, with an 8 minute win over India's Basanta Bahadur.

1. Zhen Wang, China 1:19:46 2. Hassanine Sbei, Tunisia 1:20:23 3. Giorgio Rubino 1:20:44 4. Erick Garcia, Guatemala 1:20:58 5. Hao Wang, China 1:21:03 6. Miguel Angel Lopez, Spain 1:21:41 7. Nazar Kovalenko, Ukraine 1:21:48 8. Luis Fernando Lopez, Colombia 1:21:53 9. Gurmeet Singh, India 1:22:05 10. Kevin Campion, France 1:22:48 11. Babubhai Panucha, India 1:23:04 12. Lukasz Nowak, Poland 1:23:41 3. Jose Diaz, Spain 1:24:16 14. Ding Chen, China 1:25:32 15. Alexandros Papamichail, Greece 1:25:35 16. Michael Doyle, Ireland 1:26:00 17. Zao Qi, China 1:26:25 18. Alejandro Cambil, Spain 1:27:10 19. Tom Bosworth, Grat Britain11:27:18 20. Adnrea Adragna, Italy 1:27:25 21. Fudong Cong, China 1:29:21 22. Pierre de Villiers, South Africa 1:33:00 (36 finishers)

Women's 20 Km: 1. Hong Liu, China 1:29:44 2. Olive Loughnane, Ireland 1:31:55 3. Jamy Nunez, Guatemala 1:32:48 4. Agnieszka Szwarnog, Poland 1:33:50 5. Quin He, China 1:34:48 6. Claire Tallent, Australia 1:35:54 7. Lorena Luaces, Spain 1:36:26 8. Christine Guinaudeau, France 1:36:32 9. Xiuzhi Lu, China 1:38:15 10. Ainhoa Gonzalez, Spain 1;38:27 11. Julie Drake, Great Britain 1:54:57 (14 finishers)

Men's 50 Km: 1. Anti Kempas, Finland 4:02:37 2. Basanta Bahadur Rana, India 4:10:512. Eddy Roze, France 4:14:12 4. Rodrigo Moreno, Colombia 4:15:05 5. Chandon Singh, India 4:25:20 6. Anibal Eduardo Paau, Guatemala 4:29:03 7. Dan King, GreAt Britain 4:32:38 (2 DQ, 9 DNF including Jarred Tallent, Australia: Colin Griffin, Ireland: and Hatem Ghoula, Tunisia.)

Other Results

New Balance National H.S. Meet, Greensboro, N.C., June 17: Girl's 1 Mile:: 1. Jennifer

Halloran, Bay Shore, N.Y. 7:36.05 2. Abby Dunn, Auburn, Maqine 7:44.24 3. Courtney Williams, Vasselboro, Maine 7:48.17 4. Rachael Tylock, Rochester, N.Y. 7:50.22 5. Annica Penn, Washington, Pa 7:54.83 6. Annie Schide, Gardner, Maine 8:13.36 7. Kaitlin Flanders, Gorham, Maine 8:21.22 8. Megan Valenin, Bay Shore, N.Y. 8:39.55 9. Jenna Hanson, Honyeone Falls, N.Y. 8:3.40 10. Samantha Barrett, Levittown, N.Y. 9:01.84 11. Irene Fletmeyer, Germantown, Maryland 9:19.70

Boy's 1 Mile: 1. Jonathan Hallman, Liberty S.C. 7:02.69 2. Brandon Kruppenbacher, Orlando, Fla. 7:27.40 3. Ian Rixon, Waldoboro, Maine 7:27.91 4. Matthew Goldstein, Falmouth, Maine 8:21.62

PSAL High School 1500 meters, Randall's Island, N.Y., May 29: Freshmen: 1. Sophia Mahin 8:09.8 2. Maya Larsen 8:34.76 2. Jessica Szela 8:51.63 (14 finishers, 3 DQ) Sophomores-1. Ji Won Kang 7:53.89 2. Janie Ou Yang 8:34.75 3. Mei Yin Wu 8:35.79 4. Winnie Yu 8:37.45 (13 finishers 1 DQ) High School 1500, Bayside, N.Y., May 13-1. Ji Won Kang 7:52 2. Sophia Mahin 8:07 (9 finishers) High School 1500, Randalls Island, May 21-1. Diana Quinde 7:41.43 2. Karen Zheng 7:49.44 3. Jessica Zalph 8:12.29 4. Maya Larsen 8:14.81 5. Zixi Huang 8:23.33 6. Janie Ou Yang 8:24.72 (21 finishers, 2 DQ) 1500, Randall's Island, May 21-1. Aimy Yu 8:24.11 (11 finishers) 1500 meters, Brooklyn, May 22-1. Megan Low 8:20.11 2. Tiffany Lu 8:24.11 3. Winnie Yu 8:39.04 (8 finishers) 1500, Staten Island, N.Y., May 22-1. Kathleen Vacccaro 8:12.1 2. Jessica Szela 8:41.3 (9 finishers) 5 Km, New York City, June 25-1. Bruce Logan 28:23.8 2. Silvia Panseri 29:42.4 3. Jiwon Kang 29:56.4 4. Sophia Mahin 30:28.4 5. Panseluta Geer 31:23.9 6. David Lee 31:55.7 7. Michael Korol 32:06.5 8. Minton Brooks 33:47.5 Al Saner Walks, Point Pleasant, N.J., May 22: Women's 20 Km-1. Solomiya Login 1:40:21 (24:20, 48:40, 73:47) Men's 20 Km-1. John Fredericks (60+) 2:12.05 2. Tom Quattrocchi (60+) 2:20:14 3. Ron Salvio (60+) 2:20:49 Women's 10 Km-1. Maria Michta 47:46 (23;48 2. Melisa endy (12) 68:35 Sanford Kalb 9 Mile, Lakewood, N.J., May 29-Fast time honors in this handicap race went to Bruce Logan who did 1:36:40 and crossed the line in fifth place behind walkers who had started well ahead of him.. Also in the field of nine competitors was New Jersey impresario and 1956 Olympian, Elliott Denman, who finished in 2:09:09. 1500 meters, Louisville, Ky., June 4-1. Paul Tremblay 47) 7:20.75 Southeastern Masters, Raleigh, N.C., June 13: 1500 meters: Women 45-1. Rebacca Garson (46), Afton, Va. 9:26.56 2. Paula Graham (48), Virginia Beach 9:49.46 Women 55-1. Kay Overcash-Jenkins (58), Charlotte, N.C. 10:03.68 Women 80-1. Terry Hamilton (83), Greensboro, N.C. 14:53.01 Men 50-1. James Dill (53), Roanoke, Va., 9:42.78 Men 55-1. William Lipford (59), Hampton, Va. 8:39.80 2. Steven Hubbartt (59), Hiram Ga. 8:41.67 3. Steven Shapiro (57), Hampton, VA. 9:03.74 Men 60-1. Walter Ogelsby (64), Blowing Rock, N.C. 9:36.70 Men 65-1. Alan Moore (65), Riverdale, Ga. 9:26.00 Men 70-1. Stephen Durrant (72), Virginia Beach 10:35.47 5000 meters: Women 45-1. Rebecca Garson 32;19.29 2. Paula Graham 34:47.83 3. Londa Janssen (49), Virginia Beach 35:02.03 Women 55-1. Kay Overcash-Jenkins 34:57.66 Men 55-1. Steven Hubbartt 31:18.87 2. William Lipford 31:39.04 3. Steven Shpiro 33:54.41 Men 60-1. Andrew Smith (61), Whittier, N.C. 26:13.00 2. Walter Ogelsby 36:08.00 Men 65-1. Alan Moore 34:11.00 2. Joel Dubow(68), Tucker, Ga. 34:25.44 Men 70-1. Stephen Durrant 37:03.15 1500 meters, Tampa, Fla., May 28-1. Maite Moscoso 6:45.80 (#5 H.S. performance all-time) 1500 meters, Bohemia, N.Y., May 28-1. Danielle Opatovsky; 6:55.75 (#11 all-time) 1 Mile, Yellow Springs, Ohio, June 8-1. Jill Cobb 7:35.66 2. John Randall 8:31.84 3. Reini Brickson 8:39.66 4. Alex Brown (15) 8:48.04 5. Emily Belovich (14) 8:52.00 6. Sydney Beal (12) 9::01.59 7. Barb Hensley (67) 11:50.90 Ohio 10 Km, Yellow Springs, June 11-1. Susan Randall 52:20 2. Omar Hash 54:25 3. Paul Tremblay 55:13 Jr. Olympic 3000 meters, Yellow Springs, June 15-1. Mitchell Brickson 17:02.28 2. Alex Brown 17:02.67 3. Emily Belovich 17:04.57 4. Sydney Beal 18:24.28 1 Mile, Yellow Springs, June 15-1. Jill Cobb 7:26.09 2. Erika Graves (41) 11:06.41

3. Miraim Jacobs (71) 11:43.47 4. Barb Hensley (67) 11:44.01 5000 meters, same place-1. Josh Wiseman 22:12.25 2. Matt Boyles 24:01.84 (First race for the 28-year-old now coaching in Iowa since his second place finish in the 2008 Olympic Trials 20 Km. It would good to see Matt in a serious comeback, along with another international Jill Cobb nee Zenner) 3. Mitchell Brickson (18) 30:47.59 4. Alex Brown 30:47.65 5. Miriam Jacobs 38:57.31 Michigan USATF 5000, Hillsdale, June 11-1. David Swarts (46) 25:21.03 2. Bill Reed (58) 29:04.71 3. Tom Belford (62) 34:02.79 4. Marshall Sanders (70) 33:51.52 (Some mistake here, but this is the way it was reported to me) Women-1. Rebecca Benjamin (45) 31:9.73 USATF North Region 10 Km, Dearborn, Mich., May 22: 1. Dan Serianni (guest) 47:48 2. David Swarts 54:39 3. Dan O'Brien (46) 55:54 4. Leon Jasionowski (66) 56:22 5. Bill Reed 61:11 6. Marshall Sanders 68:54 7. Tom Belford 71:47 8. Max Green (79) 73:26 Women-1. Debbie Topham (56) 62:53 2. Sharon O'Leary (42), Canada 66:03 Wisconsin 10,000 meter/1 Hour, Wauwataosa,, June 4: 10,000-1. Sam Cohen 53:58 2. Andrew Smith (61) 56:17 3. Jack Bray (78) 71:15 4. Al DuBois (79) 76:35 5. Bernie Finch (71) 81:16 1 Hour-Smith 10,633 meters 2. Bray 8477 3. DuBois 7944 4. Finch 7374 50 Km, Minnesota, May 21-1. Leif DeVaney (28) 5:41.44 Marathon, same place-1. Will Loew-Blosser 4:52:54 Half-marathon, same place-1. Phil Rogosheske (65) 2;24;02 2. Macias Howard (55) 2;30:20 3. William Lipford (55) 2:31:04 4. Rebecca Garson (45) and Linda Janssen 2:34:44 6. Debra Lee Hovatter (55) 2:36:14.6 7. Jack Bray (75) 2:36:22 8. Alfred DuBOis (75) 2:42:18 9. Steve Durrant 970) 2:42:32 (11 finishers) 5000 meters, Houston, Texas, June 16-1. Tor Guttulsroed (46) 29:42.18 2. Ruth Barlass (17) 29:42.20 5 Km Rivrside, Cal., May 15-1. Nick Christie (19) 24:07 2. Constantine Yap (15) 31:04 3. Ryan Thong (11) 32:23 4. Andrew Paez (11) 33:44 (7 finishers) Women-1. Patsy Hurley (16) 28:15 2. Ellerie Lagerhausen (17) 29:28 3. Janelle Zamora (12) 30:50 4. Courtney Thong (14) 31:08 (16 finishers) 5 Km, Pasadena, Cal., May 22-1. Alex Kazaryan (57) 29:37 2. Wayne Wurzburger (69) 31:43 3. Carl Acosta (77) 35:56 (5 finishers) Women-1 Donna Cunningham (65) 31:47 (8 finishers) Oregon 10 Km, Banks, April 10-1. Erin Gray 49:44.99 2. Katie Grimes 56:33 3. Carmen Jackinsky 59:35.05 Men-1. Jared Swehosky 47:59.84 2. Nathaniel Roberts 53:44.21 3. Rob Frank 56:11.86 4. Dennis Robeson 61:38 5. Georg Upsahl 66:53

Canadian Championships, June 26: Men's 20 Km: 1. Evan Dunfee 1:25:25 2. Imaki Gomez 1:26:27 3. Creighton Connolly 1:37:44 4. Henry Charrois 2:01:55 Women's 20 Km-1. Rachel Seaman 1:37:46 2. Nicola Evangelista 1:52:06 3. Amanda Schneider 2:04:03 Jr. Men's 10,000-1. Benjamin Thorne 42:34 2. Bruno Cirriere 51:53 3. James Kenney 55:41 4. Kevin Gaiesky 57:19 Jr. Women's 10,000: 1. Megan Wylie 53:53 2. Melanie Reum 58:17 3. Beverly Larssen 58:30 4. Susan Brooke 59:10

20 Km, London, England, May 29 (A test race for the 2012 Olympic 20 Km course with John Nunn and Susan Randall making the trip across the pond to turn in good performances.)—1. Zhen Wang, China 1:24:24 2. Jianbvo Li, China 1:25:45 3. John Nunn, US 1:26:19 4. Andreas Gustafsson, Sweden 1:28:55 5. Wenbin Niu, China 1:29:51 6. Yafei Chu, China 1:30:27 7. Ben Wears, Great Britain 1:30:32 8. Daniel King, GB 1:30:40 9. Alex Wright, GB 1:31:42 10. Tom Boswoorth, GB 1:32:28 11. Dominic King, GB 1:33:51 12. Brendan Boyce, Ireland 1:33:51(35 finishers) Ladies (I will use the British designation in preference to my usual women)—1. Joanna Jackson, GB 1:31:50 2. Adietyte, Lithuania 1:24:01 3. Sylvia Korzeniowska, France (formerly Poland; Robert's sister) 1:35:24 4. Hong Liu, China 1:39:00 5. Susan Randall, US 1:46:51 6. Andrea Kovacs, h9ungary 1:49:46 (11 finishers) Russian Championships, Saransk, June 12: Women's 20 Km—1. Tatiana Mineev 1:28:09 2. Nina Okhotnikov 1:28:41 3. Tatiana Shemyakina 1:28:55 4. Ludmilla Arkhipova 1:29:19 5. Elena Kruchinina 1:31:19 6. Tatiana Korotkova 1:31:57 7. Lina Bikulova 1:33:13 8. Shumkina,

Ukraine 1:35:05 9. Elmira Alembekova 1:36:52 10. Marina Pandakova 1:38:48 11. Catherine Ezhova 1:29:10 12. Galina Kireeva 1:39:30 (At least 5 DNF's) Men's 20 Km-1. Sergey Morozov 1:19:18 2. Andrei Krivova 1:20:47 3. Andrei Ruzavin 1:21:09 4. Petr Bogatyrev 1:21:26 5. Petr Trofimov 1:21:40 6. Valery Filipchuk 1:21:46 7. Mikhail Ryzhov 1:22:17 8. Dmytrenko, Ukraine 1:22:20 9. Viktor Burayev 1:24:33 10. Ivan Noskov 1:24:54 11. Diego Flores, Mexico 1:25:15 12. Alvaro Garcia, Mexico 1:25:38 13. Alex Bartsaykin, a:26:45 14. Andrew Ryabushev 1:27:49 Men's 50Km: 1. Sergey Bakulin 3:38:46 2. Yuriy Andronov 3:42:25 3. Horacio Nava, Mexico 3:45:29 4. Alexander Yargunkin 3:59:22 5. Clemente Ivan Garcia, Mexico 4:01:00 6. Semin Lovkin 4:01:13 7. Sergey Korepanov 3:03:41 8. Alex Himin 4;07:27 9. Yuri Chesnokov 4:08:20 10. Vladislav Khafizov 4:08:26 11. Roman Yarkin 4:11:14 12. Anton Sivakov 4;15:52 (The three winners will probably be added to the Russian team for the World Championships. Olga Kaniskina, Valery Borchin, and Sergey Kirdyapkin are defending World Champions and have automatic invitations, allowing the Russians four competitors in each event. Vera Sokolova (20 Km), Anisya Kirdyapkina (20 Km), Stanislav Emelianov (20 Km), Vladimir Kanaykin (20 Km), Denis Nizhegorodov (50 Km), and Igor Yerokhin (50 Km) were selected earlier) 10 Km, Kenya, June19-1. Silvanus Wekesa 42:05.4 2. Eric Shikuku 43:08 British National 10 Mile, March 6-1. Alex Wright 1:10:46 2. Daniel King 1:12:34 3. Mark O'Kane 1;12:59 4. Paul Everett 1:18:07 (4 finishers, 2 DQ, 2 DNF) Women-1. Neringa Aidietyte 1:16:19 2. Lisa Kehler 1:24:36 Korean 20 Km, Daegu, June 10-1. Park Chil-Sung 1:25:27 2. Byun Yong-Jun 1:26:14 3. Kim Dong-Young 1:28:34 Women-1. Jeon Yong-Eun 1:37:41 2. Weon Aseas-Byeol 1:37:56 Alytus Intenational Walk Festival, Alytus, Lithuania, June 17: Youth Boy's 10 Km-1. Marius Savelskis, Lith. 42:35 Youth Girl's 5 Km-1. Gintare Vaiciukeviciute, Lith. 24:37.18 Junior Women's 10 Km-1. Yanelli Caballero, Mexico 45:24 2. Katarina Strmenova, Slovak Rep. 48:18 Youth Men's 10 Km-1. Anders Hansson, Sweden 44:26 2. Valters Gerins, Latvia 44:37 3. Artur Mastianica, Lithuania 44:45 4. Evaldas Silcenko, Lith. 45:18 Women's 20 Km-1. Brigita Virbalyte, Lith. 1;30:15 2. Kristina Saltanovic, Lith. 1:30:36 3. Agnese Pastare, Latvia 1:32:10 4. Anita Kazemaka, Lat. 1:35:32 5. Nadzey;a Darazhuk, Belarus 1:38:49 6. Inga Mastianica, Lith. 1:39:39 7. Agata Litwiniuk, Poland 1:40:13 8. Justyna Swierczynska, Poland 1:41:58 Men's 20 Km-1. Ivan Trotski, Belarus 1:21:22 2. Dzianis Simanovich, Belarus 1:21:26 3. Lukasz Nowak, Poland 1:21:30 4. Marius Ziukas, Lith. 1:21:40 5. Rafal Fedaczynski, Poland 1:22:21 6. Diego Flores, Mexico 1:22:27 7. Dawid Tomala, Poland 1:23:28 8. Trond Nymark, Norway 1:23:47 9. Wojciech Halman, Poland 1:24:14 10. Patryk Rogowski, Poland 1:24:35 11. Adrian Blocki, Poland 1:25:10 12. Perseus Karlstrom, Sweden 1:26:14 13. Aliaksandr Liakhovich, Belarus 1:26:27 14. Valerijus Grinko, Lith. 1:26:54 15. Arnis Rumbenieks, Latvia 1:27:53 16. Dzianis Krauchuk, Belarus 1:28:00 20 Miles, Canberra, Australia-1. Jared Tallent 2:18:59 2. Luke Adams 2:19:46 3. Nathan Deakes 2:21:50 4. Chris Erickson 2:24 5. Adam Rutter 2:26 6. Brendan Reading 2:31:10 Women's 10 mile, same place-1. Regan Lamble 1:14:26 2. Tanya Holiday 1;17:23 Norwegian 10,000 meters Championships, Bergen, June 4-1. Trond Nymark 41:44.3 2. Havard Haukenes 47:56 Women's 5000, same place--1. Kjersti Tysse Platzer (supposedly retired) 24:44.2) Norwegian 20 Km, Bergen, June 5 (Yes, the next day)-1. Trond Nymark 1:25:44 2. Joakim Saelen 1:45:09 South American Championships, Buenos Aires, June 5: Fast times in what were apparently races held on the track) Women's 20 Km-1. Ingrid Hernandez, Colombia 1:32:09.4 2. Rosales Milanggela, Venezuela 1:32:17.6 (National record) 3. Arabelly Orjela, Colombia 1:32:48.7 4. Yadira Guaman, Ecuador 1;33:18 5. 5. Cistine Lopes, Brazil 1:35:49.6 6. Erica Rocha De Sena, Brazil 1:40:24.3 Men's 20 Km-1. Andres Chocho, Ecuador 1:20:23.8 2. Gustavo Restrepo, Colombia 1:20:36.6 (National record) 3. Yerko Araya, Chile 1:20:47.2 (National record) 4. Caio Bonfim, Brazil 1:20:58.6 5. James Aurelio Rendon, Colombia 1:21:13.6 6. Juan Manuel Cano, Argentina 1:23:09 7.

Maruicio Arteaga, Ecuador 1:23:46.5 8. Fabio Gonzalez, Argentina 1:25:59.2 9. Ronald Rey Quispe, Bolovia 1:25 59.2 (2 DQ) Slovakian (or Slovak Republic, as your prefer) National 20 Km, , Borsko Nicholas, June 5-1. Matej Toth 1:22:47 (Sixth National 20 Km title, one less than the legendary Josef Pribilinec) 2. Anton Kumin 1:28:44 3. Dusan Jajdan 1:29:44 4. Roman Riha, Czech Rep. 1:31:07 5. Milos Batovsky 1:31:23 Polish 5000 meters Championships, Katowice, May 27: Men-1. Grzegorz Sudol 19:09.02 2. Lukasz Nowak 19:24.57 3. Jakub Jelonek 19:28.86 4. David Tomala 19:33.91 5. Rafal Fedaczynski 19:35.05 Rafal Sikora 19:38.03
 Adrian Blocki 19:49.09
 Kamil Piorek 19:51.81
 Patryk Rogowski 20:00.03 Women-1. Agnieszka Dygacz 21:52.37 2. Agnieszka Szwarnog 21:55.22 3. Katayzyna Kwoka 22:16.74 4. Pauline Buziak 22:51.63 Polish National Jr. 10,000 meters, Torun, June 25: Men-1. Jakub Kuzneruk 44:19.18 2. Jakub Herba 44:58.39 3. Wiktor Szabo 46:24.26 Women-1. Natalia Plominski 50:09.08 2. Beata Heppner 52:24.20 3. Karolina Wierus 52:53.46 Italian 10 Km Championships, Torino, June 25: Women-1. Federica Ferraro 46;34.85 2. Rossella Giordano 47:43.51 3. Eleonora Giorgi 49:08.15 4. Ilaria Galli 50:22.92 5. Elena Martinozzi 51:22.46 (2 DQ) Men-1. Jean Jacque Nkouloukidi 39:44.701. Federico Tontodonati 41:00.33 3. Lorenzo Dessi 43:19.20 4. Ruggero D'Asconsi 44:14.40 5. Giacomo Vigano 44:35.95 (2 DO)

Want to race? Choose your place.

Sat. July 2 5 Km, Dover, Del. (T)	
Sat. July 9 State Games of Oregon 3 Km (Z)	
Mon. July 11 5 Km, Long Branch, N.J., 6:45 pm (A)	
Mon. July 18 5 Km, Long Branch, N.J., 6:45 pm (A)	
Thur. July 21 1500 and 3000 meters, Yellow Springs, Ohio (M)	
Mon. July 25 5 Km, Long Branch, N.J., 6:45 pm (A)	
Sun. July 31 5 Km, Rehobeth, Del. (T)	
Mon. Aug. 1 5 Km, Lo;ng Branch, N.J., 6:45 pm (A)	
Sat. Aug. 6 5 Km, Dover, Del. (T)	
Virginia USATF 1500 meters, Virginia Beach (W)	
Mon. Aug. 8 5 Km, Long Branch, N.J., 6:45 pm (A)	
Sat. Aug. 13 West Region 3000 meters, Reno, Nevada (J)	
Sun. Aug. 14 10 Km, Portland (Z)	
Mon. Aug. 15 5 Km, Long Branch, N.J., 6:45 pm (A)	
Mon. Aug. 22 5 Km, Long Branch, N.J., 6:45 pm (A0	
Sat. Aug. 27 5 Km, Bear, Del. (T)	
10 Mile, Flint, Mich. (F)	
Sat. Sept. 10 5 Km, Felton, Del. (T)	
Sun. Sept. 11 Pacific Assn. 20 Km, Oakland, Cal. (J)	
5 Km, Lewes, Del. (T)	
USATF National 40 Km, Ocean Township, N.J., 7:30	am (A)
Sat. Sept. 24 Michigan 1 Hour, Berkley (F)	()
Sat. Oct. 1 USATF National 5 Km, Kingsport, Tenn. (D or L)	
Sat. Oct 8 5 Km, Felton Del. (T)	
Sun. Oct. 9 Pacific Assn. 10 Km, Oakland (J)	
USATF National 1 Hour, Waltham, Mass. (D or N)	
Sun. Oct. 16 Detroit ½ Marathon and 5 Km, Detroit, Michigan (F)	
Sat. Oct. 22 5 Km, Bear, Del. (T)	
Sun. Oct. 23 5 Km, Rehobeth Beach, Del. (T)	

Sun. Oct. 30 USATF National 30 Km, Valley Cottage, N.Y. (D or R)

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From Heel To Toe

Another obituary. Sue Blochwitz, a respected racewalking judge and organizer passed a way in Wisconsin on June 19 at age 64. Only two weeks earlier, she had helped judge a Wisconsin race. Sue was the wife of Jack Bray, many times national and world masters winner and record holder. Together they had built the Marin Walkers in the San Francisco into a very active club that often dominated the master's scene. They moved to Wisconsin a few years ago, Sue's original home, and became active in racewalking activities there. Sue was born in Portage. Wis. in 1946 and married Jack in 1988. She was library science graduate of the U. of Wisconsin and at one time taught English in Taiwan. She was a member of the Parkside AC and in addition to racewalking activities, loved to sing and dance. She was a certified Chi Kng instructor and certified Reiki practitioner. Our thoughts and prayers are with Jack in his loss. . . And...Another loss to the racewalking world is Peter Markham. At the time of his death, he was Chairman of the British Race Walking Association. He was a past president of the Association. He had devoted his life to the sport. He did not recover from a heart operation and died not long after the death of his wife just 15 days before their 50th anniversary... More on Dalins. Last month, we included a picture of Janis Dalins, a Latvian walker of some note in the 1930s together with a brief bio of this great man of the past. Good friend Colin Young (see Looking Back, 40 years ago in this issue) supplies a little more about Dalins: "In

JUNE 2011

conversation back in the '70s and '80s with Harold Whitlock and Lloyd Johnson (great British walkers of Dalins' era) they both were full of praise for Dalins and Arthur-Tell Schwab (Switzerland)) for their technique and solid 'heel and toe' fairness. Dalins competed in England at the AAA championships with the following results: 1931 third in 2 miles with 14:10 on March 7 and second at 7 miles (behind Italian great Ugo Frigerio) in 53:40 on April 7; 1933 second in a 2 Mile in 13:39.8 on July 7 and second at 7 miles in 53:35 on August 7. "He was invited to England by A.H.G. (Alf) Pope and A.A. (Bert) Cooper who had competed in Latvia. It was Pope who won the 1931 2 miler and Cooper who won at 2 miles in 1933. . Hanging tough. Portuguese racewalker Susana Feitor, 36, and the 1990 world junior champion when she was 16, is on course to enter the history books after being selected for the World Championships in Daegu, South Korea this summer. Feitor is set to compete in her 11th World Championships, having not missed one since 1991, a feat no one else has managed. Her best finish was a bronze medal in 2005. She was fourth in 1999 and fifth in 2007. . . .

A Voice From the Past; A Challenge For the Future

(The following letter is from Charlie Silcock who first developed a very strong racewalking program in Soutehrn California in the early 1960s and also served twice as National Chairman of the Racewalking Committee, then under the auspices of the AAU. I have condenssed the letter slightly (omissions indicated by ellipses) and inserted a few of my own comments. Otherwise, it stands as written and your comments are welcome.)

I continue to be shocked as our sport (discipline) of racewalking continues to decline in the quicksand of time. I am sure that if I was privy to all the discussions, committee work, and efforts to recruit new walkers, I would feel any efforts continue to be a dismal failure.

From what little information I have through the Ohio Racewalker and long-time friends like Ron Laird, Larry Young, and John MacLahlan, it seems that there has been no luck in establishing racewalking in the universities, various junior colleges, and high schools. . Some coaches say that they cannot be bothered with racewalking because they have no training or experience and the walking events take anywhere from 6 minutes to 6 hours versus 10 seconds for a sprinter.

However, I do not feel that not enough personal effort has been made on the local and national level to get racewalking recruits. To me, the most obvious answer is to approach athletes who are already physically fit through their efforts in long distance running. I happened to see a distance runner doing his workout by racewalking on local streets in my town. I approached him and said that he seemed to be not only physically fit, but that he had the racewalking style and form down pat. I trained him at the Teaneck, N.J. high school track for a bout a month and we entered a race down at the Jersey Shore put on by Elliott Denman. He had the endurance and considerable speed, but he had trouble with straightening his legs at the knee and was disqualified in that race. I have not seen him since.

I quote to you from the January 2011 issue of Smart Money, page 82: "According to Running USA, a non-profit that promotes the sport, there were 467,000 marathon finishers in the U.S. in 2009, up 18 percent over the last 5 years" An advertisement should be taken out in all of the long distance magazines inviting any of the runners—because they are already physically fit—to try racewalking. An Olympic medal in racewalking is as good, if not better than a gold medal in the 100 meter dash, which takes only 10 seconds. The opportunities are so much greater for Olympic medals in racewalking than in most of the track and field events, that I think the mere invitation will draw hundreds, if not thousands, of interested parties. (Ed. But how many "different" individuals finished a marathon? While elite runners are content with

one or two marathons a year, many "hobbiests" see how many they can run. So, maybe 200,000 individuals at most. Of those, I would guess less than I percent have run under 3 hours, and any one who has not done that is not a "serious" runner, and will not be a competitive racewalker at higher levels. I think we are looking for more than just numbers. And most runners, especially run-of-the-mill runners will not be drawn to walking because they look on it as something inferior in effort and worthiness. Well, just a comment n passing, not intended to question's Charlie's sincerity. Back to Charlie.)

However, it will be necessary to utilize every local chairman, every judge of walking, lap counters, timers, committee members, and others to get organized and prepared to meet and greet new recruits in their states and towns. That means digging up the names and addresses, zip codes, area codes, phone numbers, e-mail addresses, etc. of every existing person who has been associated with racewalking at any time during the last 50 years.

This could turn out to be a vast undertaking, which, if not handled thoroughly in detail, with vigor, could end up being wasted time and effort. Now is the time to spend more time, more effort, and more money on the recruitment and training of candidates than ever before.

I took the Southern Pacific Association RW program from six athletes in six races a year to several hundred athletes, officials, judges, timers, etc. to 110 races, mostly in the Southern Pacifica Association but spread some also to the Pacific Association and the Pacific Southwestern Association (San Diego). I did this in the period between 1962 and 1965.

No idea was overlooked, no stone was left unturned, and "thinking out of the box" was mandatory and several hours a day, seven days a week were spent on nothing but racewalking. Two things were a big help: A program by LA City schools, during July and August to conduct All Comers Meets at different schools four days a week. I got them to add the 1 Mile walk as the last event on the program.

I devised a form on my clipboard that had space for the name, address, phone number, and birth date of each entrant who signed up in advancee. Then I would go into the stands, with my briefcase ful of racewalking materials and clipboard and recruit athletes who were resting between events or who thought they were done for the day. I would demonstrate walking technique under the stands and ten off they would go—usually 8 to 15 people giving it a try. . .

At home, I would type up the results of the race, telling where the race was held and the athletes and list the order of their finish and their affiliation, if any. I would indicate in this report any judges we had disqualifications, and other noteworthy facts and figures. I would run off about 50 copies and send one to each athlete. I would ad little postscripts to each individual such as "nice effort, see you again next week, got any friends your bring". It definitely paid off. In fact, the event sometimes made the newspapers in the form of a photo finish.

Secondly, I made sure that I attended every track and field committee meeting, because racewalking was apart of the T&F program. By showing up regularly, adding to the discussions, and making good suggestions, we were able to get the 1 Mile walk in the Coliseum Relays, which was a big event in the '60-s, and I managed to get three judges on the Coliseum track, along with myself. The audience the event with great enthusiasm, even though it was the first event before everyone was seated.

Don DeNoon, Ron Laird, and Larry Young frequently attended these events. It definitely was beneficial to be a cooperative, friendly member of the T&F Committee.

Third, I dreamed up every possible sponsor in the world. For example, we got a 10-mile handicap walk called the Rose Bowl 10 Mile, which was held the day after the 1 Mile walk in the LA Times Indoor Invitational. By having a "double header" we were able to attract Ron Zinn from West Point to attend these two events representing te Army. Another one was

the Oxnard Sports Festival, which was 20 miles up the coast from Los Angeles. They were pleased to put on a 3 Mile walk and supplied the awards. Maybe the most unusual event was a 10 Mile walk at the Indio Date Festival in February. Indio was 90 miles east of L.A. in the desert, but they sponsored the race and they gave everybody free dates and we got free publicity before and after the event.

Almost every weekend we would sponsor an event ranging anywhere from a 3-mile handicap up to 50 Km. . . The results of all races were typed up the same night and put in the mail the next morning and this kind of personal attention made a big difference in attendance at future events.

I was lucky in that I had assisting me in judging and timing and committee activities Bill Chisholm, who was a member of the 1932 Olympic team, walking the 50 Km in L.A., along with Murray Rosenstein, Mike Fekete, and several others that we trained...

When it came to organizing and conducting the USA-Soviet Union Dual T&F meet in the Los Angeles Coliseum in July of 1966 (Ed. Charlie said 1965, but in 1965 the meet was held in Kiev with Ron Laird and I being the racewalkers on the team), Glenn Davis of West Point football fame, was now the Special Events Director for the L.A. Times, which was in charge of the event. When we started talking about the racewalking event being conducted on the streets around the Coliseum, the police chief put his foot down and said, "no way", that he could not disrupt traffic by having the walking event or a marathon on the streets of L.A. I got a little indignant at that and said the I didn't think the U.S. State department, which sponsored this event, would appreciate te being told they could not do this in Los Angeles even though it was done in Kiev and Moscow when the Russians sponsored the Dual meet (Actually, in Moscow in 1961 the race was conducted on a 5 Km loop on parkland around the Lenin Stadium, passing through the stadium on each of the four laps. In Kiev, we indeed were on the streets on a very long out-and-back course starting and finishing in the stadium. In 1961, Ron Zinn wasthe other U.S. walker besides myself.)

The organizers hashed that over several minutes and finally said "what is your proposal?". I suggested that we start with two laps on the track and then go out the tunnel on tto the streets, where every turn wold be to the right. No left turns crossing major intersections. We asked that the right lanes on the three streets we would be using be blocked off with traffic cones. At 10 Km, the walkers would come into the Coliseum for on lap on the track. It worked perfectly with no problems, except the two Russians beat the pants off our walkers. (Which they did on a regular basis until 1977 when Neal Pyke walked a 1:28:18 in Sochi for the win. But even then, he actually finished 28 seconds behind a third Russian, walking as a "guest." A poor job of selection on the part of the USSR team.)

The program that I organized and conducted for three or four years took every minute of my spare time, many dollars out of my pocket, which I couldn't afford, and constant vigilance and follow-up-especially thank you letters to all of the sponsors and organizations responsible.

The ideal local and national chairman should be a person who has some racewalking competition experience and has no encumbrances such as a wife, 3.7 children, membership duties with the American Legion, Boy Scouts, church groups, etc. The individual must be single minded and dedicated to doing the j b as completely as possible. I'll probably think of some other recommendations and suggestions and after thoughts later on, but I think this writing has gone far enough. I challenge everyone from the top on down to the most lowly local personage to devote every spare minute you've got for several years to lift racewalking back up to the levels it attained in the '60s and '70s. Anyone who wishes to contact me with suggestions, questions, or anything pertaining to racewalking, please direct them to me at P.O. Box 333, Ridgefield Park, NJ 07660. I will try my best to make a speedy reply, but at age 84, time is catching up with me.

Charlie Silcock, National Racewalking Chairman 1965 and 1971-71; also National Assistant

Secretary of the AAU and later Junior Olympics and Physical Fitness Administrator.

LOOKING BACK

JUNE 2011

45 Years Ago (From the June 1966 ORW)-Rudy Haluza dominated in a couple of steaming Midwest races. First he toured the Stagg Field track in Chicago in very sultry weather to win the National 10 Km in 46:52. Don DeNoon was second in 47:42, after leading through the first mile in 6:53. Jack Blackburn beat Ohio TC teammate Jack Mortland for the next spot in 48:29 to 48:38 with Ron Laird nearly another minute back and Ron Daniel and Larry Young capturing the next two spots. . . Six days later it was the sizzling, shadeless blacktop of Eastland Shopping Plaza in McKeesport, Pa. for the National 20. Again, DeNoon shot into the lead and was about 30 seconds up on Haluza at 2 miles. However, Rudy hauled him in by 4 miles and went on to another victory in 1:36:16. DeNoon dropped out around 8 miles. Laird handled the heat much better this time and cruised to second in 1:37:48. Mortland tooled into what he thought was an easy third in 1:40:40, only to find Ron Daniel, who he didn't realize was anywhere near, threatening to barf over his shoulder about three strides past the finish. A young newcomer, Bob Kitchen, was very impressive in fifth, followed by Bob Bowman, Blackburn, and Young. . . On the Ohio scene, Blackbrun pulled away in the second half to win the Ohio AAU 1 Mile over Mortland, 6:50.2 to 6:58.7. Chuck Newell had his all-time best in third with 7:23. . . With cooler weather than for the National 10 two weeks earlier, Mortland won the Ron Zinn 10 Km on a dusty track in Chicago in 47:38 with Matt Rutyna a minute behind. . . In California, Haluza blasted a 1:12:38 for 10 miles on the track, with Laird well back. . .However, Laird did win the National 2 Mile in New York with a 13:52.6, followed by DeNoon, Daniel, and Young. (We walkers kept a busy schedule back then.)

40 Years Ago (From the June 1971 O RW)—The first sentence of tre lead story reads: "Larry Young quickly disproved some of the doubters, such as your editor, who figured he might have a tough time getting back to his 1868 form." Yes, it read 1868, typos were no stranger to the ORW in those days either. Anyway, Larry won a highly competitive National 50 in Nutley, N.J. in 4:18:29. John Knifton, a newcomer to the long distances at that time, was second in 4:19:23, Gary Westerfield third in 4:21:05, Goetz Klopfer fourth in 4:21:31, host Ron Kulik fifth in 4:28:29, and Bob Kitchen sixth in 4:30:17. . In Rouen, France, England's Colin Young (to this day a faithful reader of the ORW) covered 134 miles 202 yards in 24 hours for a world's all-time best, which qualified him for the 520 Km Paris-to-Strasborug donney brook. . Ron Daniel did 1:13:15 for 10 miles on Long Island, but lost to Kulik over 1 Mile in Bristol, Pa., 6:39 to 6:43. . .Larry Young proved his versatility by adding the National 2 Mile crown. He did 13:49.5 to beat Ron Laird, Jim Halnley, Ray Parker, Bill Ranney, and Steve Tyrer.

35 Years Ago (From the June 1976 ORW)—The Olympic Trial at 20 Km had everyone there since the 50 had been eliminated from the Olympic program as a part of a move to reduce the number of participants (it was back in 1980). Unfortunately, the race came up about 1400 meters short when an official directed the leaders back to the stadium a lap too soon. Todd Scully won the less-than-19 Km race in 1:25:29, with Ron Larid (1:25:44)r, and Larry Walker (1:25:57) capturing the other two Olympic berths. It was Laird's fourth Olympic team. Two-time Olympic bronze medalist, Lary Young, was a disappointed fourth in 1:26:41. Jim Heiring, Goetz Klopfer, Dan O'Connor, Tom Dooley, Bob Henderson, and Jerry Brown rounded out the top ten. . . A week earlier, Laird had his sixth National title of the year at 5 Km in 21:09.4. Scully was close all the way and had 21:15.4. Larry Walker, Wayne Glusker, John Knifton, and Ron Daniel followed. . . Sue Brodock won the women's National 5 Km in 25:29

with the Ohio TC's Laurie Tucholski second in 25:56. Susan Liers was third and Carol Mohanco, from Kettering, Ohio, was fourth. . . Mexican Daniel Bautista walked an impressive 2:22:53 for 20 miles in England, leaving Raul Gonzales nearly 4 minutes back. Gonzales had won a 20 Km in Bergen, Norway a week earlier in 1:25:06.

30 Years Ago (From the June 1981 ORW)—Overcoming a drizzle and Seattle chill, Vince O'Sullivan won the National 50 Kn in 4:12:11. He controlled the race all the way. Jim Heiring was a lonely second in 4:15:29 and young Ray Sharp third in 4:21:06. . The National Junior 10 Km went to Tim Lewis in 50:56 with both temperature and relative humidity in the 90s in Knoxville. . .In Mexico's Walk Week, Soviet Valery Sunstsov won the 50 in 3:54:14 ahead of Soviet Andrei Perlov (1:26:18). . ..Italy's Maruizio DaMilano, the 1980 Olympic 20 Km gold medalist, won an international 20 Km in 1:23:26.

25 Years Ago (From the June 1986 ORW)—Canada's Guillaume Lablanc scored an impressive win in the Canadian International Racewalking Classic. He beat Mexico's Ernesto Canto, winner at the 1984 Olympics, 1983 World Championships, and 1981 World Cup, over the final 5 Km to win in 1:23:17. Canto was 15 seconds back at the finish. Tim Lewis was with the leaders at 15 Km, but was beaten for third by Martin Bermudez. Tim finished in 1:23:58. Bermudez won the 30 Km three days later in 2:14:34, 24 seconds ahead of Felix Gomez. Marco Evoniuk was fourth in a sparkling 2:18:06. . .Four weeks later, Lewis won the U.S. title in 1:25:22, but Carl Schueler, in his best ever 20, was closing at the finish to take second in 1:25:45. Ray Sharp had 1:25:46 in third. . .Debbi Lawrence won the women's National 10 Km in 50:28.9 with Teresa Vaill second in 50:56. . .Ron Laird became the first racewalker named to the U.S. Track and Field Hall of Fame, which, with the new class, numbered 118 athletes. Henry Laskau and Larry Young have since joined him in the Hall.

20 Years Ago the June 1991 ORW)-The World Cup held in San Jose, Cal, produced some dramatic races. In the men's 20 on the first day, Mexico's Ernesto Canto tired to break loose from the USSR's Mikhail Schennikov and France's Thierry Toutain at the start of the final 2 Km lap, establishing a quick 6 or 7 seconc lead. But Schennikov's finishing speed was too much and he won in 1:20:43, 3 seconds ahead of the Mexican. Toutain had 1:20:56.4, 4 seconds ahead of Daniel Plaza, for third. Tim Lewis led U.S. walkers with a 1:28:04. The women's 10 Km saw Irina Strakhova, USSR, winning in 43;55 ahead of Mexico's Graciela Mendoza (44:09), and USSR's Elena Saiko (44:11). With Olga Kardopoltseva in fourth, the USSR was an easy team winner over Italy and Mexico. The U.S. was sixth, led by Debbie Lawrence (46:13) in 15th. . . In the 50 on the second day, the USSR met disaster when Andrei Perlov, leading by nearly a minute with a lap to go, was disqualified about 600 meters from the finish, giving Mexico's Carlos Mercenario the win in 3:42:03. Mercenario, who had won the 1987 World Cup 20 at age 19, made a strong international debut at the longer distance. The USSR's Aleksandr Potashov crossed the line after Mercenario, only to find he too had a third red card. Thus, Australia's Simon Baker took second and Germany's Ronald Weigel third. The Soviets seemed to have the team title sewed up at the 45 Km mark, but faded to sixth with the red cards. Italy the surprise leader after the 20, took the title ahead of Germany, who had a three, four, six finish at 50, and Mexico. . . . National titles went to Tim Lewis in 1:29:55, with Gary Morgan second and Dave McGovern third, and Debbi Lawrence in 46:37, ahead of Lynn Weik and Victoria Herazo. . . Lewis (1:02:35) and Herazao (1:11:13) took national titles at 15 Km in Portland, Oregon. Lewis was followed by Andrzej Chylinski and Gary Morgan and Herazo by Wendy Sharp and Debby Ban Orden.

15 Years Ago (From the June 1996) ORW)—The Olympic Trials for both mean (20 Km) and women (10 Km)were held in Atlanta on the same course to be used in the Olympics a couple of

months later. On a very warm, humid day, Curt Clausen was a convincing winner in the 20, his 1:29:30 putting him 47 seconds ahead of Tim Seaman. Gary Morgan was another 33 seconds back, and Allen James 17 seconds behind him. As it turned out, Clausen, who already had the B standard of 1:26:00, was the only U.S. qualifier, as no one approached the 1:23:50 A standard. . The women's race saw a reapeat for the three 1992 Olympians as Debbi Lawrence won in 46:05 with Michelle Rohl (46:37) and Victoria Herazo (48:12) following. Debby Van Orden was another minute back in fourth. . Earlier, Rohl had done an American record 44:06 on the track at UW-Parkside. . In the Naumberg, Germany 50 Km, which served as the German Olympic Trial, Russia's Viktor Ginko won in 3:42:52 followed by Valentin Kononen, Finland in 3:45:19, and Mikhail Schennikov, Russia in 3:47:2. Ronald Weigel was fourth in 3:51:46 wining the German Trial. . . Kononen also had 39:24.52 10 Km in Finland.

10 Years Ago (From the June 1996 ORW-Curt Clausen won the U.S. 20 Km title for the fourth time in six years, easily beating an under-the-weather Tim Seaman in 1:24:50. Seaman, who had won the event in 1998 and 2000, was second in 1:26:15, just 19 seconds ahead of Sean Albert. Al Heppner beat Philip Dunn for fourth. . .In the women's National 20, Michelle Rohl scored as easy win in 1:32:49, nearly four minutes ahead of Amber Antonia (1:36:37). Jill Zenner (1:37:10), Debbi Lawrence (1:38:41), and Joanne Dow (1:38:52) followed. . .Rohl and Seaman won titles at 15 Km in 1:09:10 and 1:02:17, respectively. Lawrence (1:11:42), Zenenr (1:11:49), and Antonia (1:13:330 followed Rohl. Sean Albert (1:03:00) was second in the men's race ahead of Al Heppner (1:07:11) and Dave McGovern 1:08:22). . .Junior 10 Km titles went to Ben Shorey in 45:18:01 and Robyn Stevens in 53:19.50. .Shorey managed to get by Matt Boyles in the stretch drive, winning by just .02. . .NAIA titles went to Sara Stevenson in 14:03.89 at 3 Km and Lachlan McDOnald in 21:20.11 at 5 Km. . .In Europe, Australia's Nathan Deakes walked 1:18:14 in Ireland, Andreas Erm did 1:19:32 in Germany, and Mexico's Alejandro Lopez ahad 1:20:59 in Finland.

5 Years Ago (From the June 2006 ORW-At the National T&F Meet, Kevin Eastler and Joanne Dow won 20 Km titles and Jared Swehosky and Katy Hayes won Junior 10 Km titles. Dow walked 1:35:20.76 to beat Teresa Vail by more than 4 minutes with Sam Cohen third. Eastler did 1:25:09.67 with John Nunn(1:27:16.83) and Tim Seaman (1:29:56.84) following. Swehosky did 48:47.50 ahead of Roberto Vergara (49:09.95) and Hayes had a 53:27.94, 34 seconds ahead of Lauren Forgues... In 10 Km Nationals, Seaman (42:23.2) and Jolene Moore (46:47.2 scored National wins. Matt Boyles (43:05.3) and Maria Michta (48:46) were second.

On the back of the envelope enclosing the Larson's renewal, Judy wrote:"Jack, notice the stamp in case you haven't seen it before." I hadn't seen it. Have You?" Kudos to the USPS.

